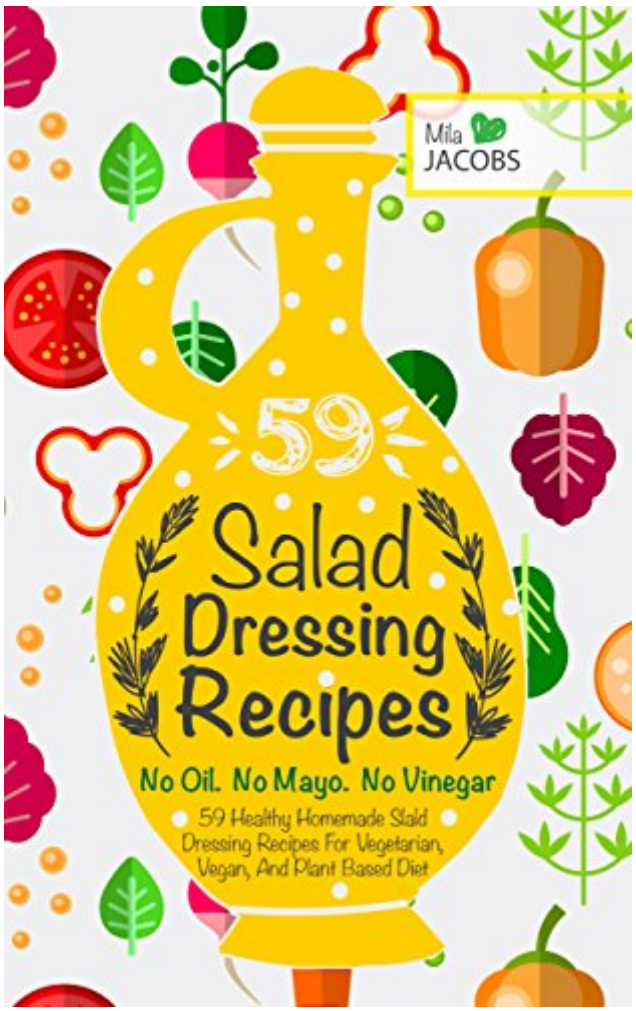
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Synopsis

Healthy Salad Dressing Recipes. No oil. No mayo. No vinegar. How is that even possible to make a salad dressing without those main ingredients? This book will show you healthy recipes that are easy to make at home. Are you tired of store bought salad dressings packed with nothing but suspicious ingredients and preservatives? Would you like some fresh tasty dressings for your salads? How about making salad dressings from scratch, at home, with natural ingredients? But not just that! Recipes in this book do not contain oil, vinegar, dairy, and even mayonnaise! Ã¢â ¬Å“But how is that possible? How would you even make a dressing without staple ingredients?Ã¢â ¬Â• - you would ask. Well, let me show you the way to yummy, healthy dressings. All recipes are vegetarian, and will be perfect for those following a plant based diet. Salad Dressing: Top 59 Healthy Homemade Salad Dressing Recipes For Vegetarian, Vegan, And Plant Based Diet. No Oil. No Mayo. No Vinegar. Healthy Recipes. Healthy Cookbooks To Keep In Your Kitchen.

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Customer Reviews

I donÃƒÂ¢Ã â ¬Ã â„¢t have to spend more time in groceries figuring out which salad dressing IÃƒÂ¢Ã â ¬Ã â„¢ll take home. This is quite helpful as I can make my own salad dressing at home which I am sure is safe and healthy to eat. This helped me a lot and I will surely make a salad dressing from one of the recipes shown in this book.

As someone new to plant based eating it was nice to have so many choices in one place.

Looks interesting, but I have not read it yet.

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